

Cataract Removal Discharge Instructions

561-296-2010

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Start eye drops 4 hours after surgery at _____

Lift shield today for drops; can remove tomorrow morning. Wear shield at bedtime for 1 week; sunglasses if needed during the day.

VIGAMOX (Tan Top)	1 drop	3 times a day
NEVANAC (Gray Top)	1 drop	3 times a day
DUREZOL (Pink Top)	1 drop	3 times a day

OTHER: _____

USE DROPS AT LEAST 5 MINUTES APART FROM EACH OTHER

STOP VIGAMOX AFTER 1 WEEK (save leftover for 2nd eye if applicable)

DUREZOL AND NEVANAC 3 TIMES A DAY FOR 2 WEEKS THEN 2 TIMES A DAY UNTIL BOTTLES ARE FINISHED (USUALLY 4 WKS TOTAL – LONGER IS FINE)

Artificial lens ID card given at surgery center

NO HEAVY LIFTING, SWIMMING OR BENDING YOUR HEAD BELOW THE WAIST FOR 1 WEEK

IT IS NORMAL TO HAVE BLURRED, DIM (for the first 2-3 days the night-time vision may be very dark) OR RED/PINK VISION.

YOU MAY HAVE A HEADACHE, MILD SORENESS OR FOREIGN BODY SENSATION.

YOU ALSO MAY EXPERIENCE FLICKERING OF VISION.