



SKOLNICK EYE INSTITUTE

PRE-OPERATIVE INSTRUCTIONS

Contact Lens Instructions for cataract surgery patients only:

Soft Contact Lenses must be out 1 week prior to **pre-op** visit

Hard / Gas Permeable Contact Lenses must be out 3 weeks prior to **pre-op** visit

SURGERY INSTRUCTIONS

1. Please be sure a responsible adult is with you to escort and drive you home after surgery. **THIS IS THE SURGERY CENTER POLICY**
2. Do not eat or drink anything after midnight (or as instructed by your physician or nurse).
3. Medicines related to the heart, high blood pressure, and acid reflux should be taken the morning of surgery with sip of water.
4. Do not stop blood thinners unless advised to do so.
5. Please bring all medications to the surgery center on the day of surgery.
6. If you are diabetic, do not give yourself the insulin. Bring insulin / pills with you.
7. Remove all make-up, jewelry and nail polish.
8. Do not bring valuables.

SPECIAL INSTRUCTIONS: _____

THE FOLLOWING ARE YOUR FUTURE APPOINTMENTS:

PRE-OP DATE: _____ TIME: _____

SURGERY DATE: _____

1 DAY POST-OP: _____ TIME: _____

1 WEEK POST-OP: _____ TIME: _____

1 MONTH POST-OP: _____ TIME: _____