



SKOLNICK EYE INSTITUTE

**PRE-OPERATIVE INSTRUCTIONS**

**START EYE DROPS 2 DAYS BEFORE SURGERY**  
**Including morning of surgery**

Contact Lens Instructions for cataract surgery patients only:

Soft Contact Lenses must be out 1 week prior to **pre-op (measurements)** visit

Hard / Gas Permeable Contact Lenses must be out 3 weeks prior to **pre-op** visit

**SURGERY INSTRUCTIONS**

1. Please be sure a responsible adult is with you to escort and drive you home after surgery. **THIS IS THE SURGERY CENTER POLICY**
2. Do not eat or drink anything after midnight (or as instructed by your physician or nurse).
3. Medicines related to the heart, high blood pressure, and acid reflux should be taken the morning of surgery with sip of water.
4. **DO NOT STOP blood thinners (aspirin, coumadin, plavix, effient, pradaxa) unless advised.**
5. Please bring all medications to the surgery center on the day of surgery.
6. If you are diabetic, do not give yourself the insulin. Bring insulin / pills with you.
7. Remove all make-up, jewelry and nail polish.
8. Dress comfortably (i.e. button-down shirt).
9. Do not bring valuables.

SPECIAL INSTRUCTIONS: \_\_\_\_\_

**SURGERY DATE:** \_\_\_\_\_

**Surgery Center will call 2-3 days before surgery to tell you when to ARRIVE**

THE FOLLOWING ARE YOUR FUTURE APPOINTMENTS:

1 DAY POST-OP: \_\_\_\_\_ TIME: \_\_\_\_\_

1 WEEK POST-OP: \_\_\_\_\_ TIME: \_\_\_\_\_

1 MONTH POST-OP: \_\_\_\_\_ TIME: \_\_\_\_\_